

THE BENEFITS

Special Olympics is more than just sports. Special Olympics activities also contribute to the life-long physical, social and personal development of individuals with intellectual disabilities. By receiving continuous opportunities to develop physical fitness, athletes are able to prepare for entry into school and community programs, express courage and experience joy with their families, other Special Olympics athletes and their communities.

STAY CONNECTED

 Special Olympics Oklahoma

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Presented By

COX


LAW ENFORCEMENT
TORCH RUN
FOR SPECIAL OLYMPICS
OKLAHOMA



To learn more about Special Olympics Oklahoma or how to get involved, call 918-481-1234 or visit www.sook.org



*"Let me win. But if I cannot win,
let me be brave in the attempt."
- Special Olympics Athlete Oath*


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Oklahoma



THE MISSION

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

THE PROGRAM

Special Olympics Oklahoma develops and administers a year-round sports training and competition program throughout Oklahoma for more than 10,500 individuals ages 8 years and above. We host over 175 area events and 5 statewide events throughout the year.

Programs across the state are administered by Area Management Teams, from 14 geographic areas comprised of volunteers who work year-round to plan, organize and conduct sports training and competition events for athletes and coaches in their area. Special Olympics athletes are divisioned by age, gender and ability level, designed to give each athlete a reasonable chance to win.



SPORTS WE OFFER

- Athletics
- Basketball
- Bocce
- Bowling
- Cheerleading
- Cornhole
- Esports
- Equestrian
- Flag Football
- Golf
- Horseshoes
- Motor Activities (MATP)
- Powerlifting
- Soccer
- Softball
- Swimming
- Tennis
- Volleyball
- Cross Country
- Skiing
- Snowshoeing



UNIFIED SPORTS®

The Unified Sports program brings together people with and without intellectual disabilities on the same team for sports training and competition. Unified Sports fosters the integration of persons with intellectual disabilities into schools and community programs and expands sports opportunities for athletes seeking new challenges and dramatically increases inclusion in the community.

*Special
Olympics
Oklahoma*



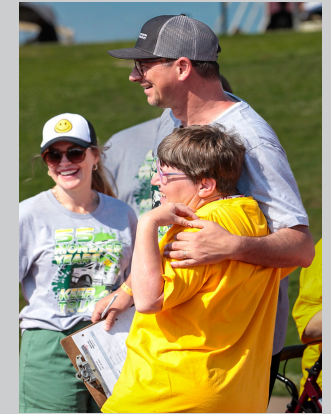
VOLUNTEERS

Volunteers are the backbone of Special Olympics Oklahoma. There are over 10,000 volunteers that help at the grassroots level.



- Businesses
- Civic, senior, youth groups
- Corporations
- High schools, colleges, universities
- Service organizations
- Sports associations
- Law Enforcement personnel
- Individuals

As a Special Olympics Oklahoma volunteer, you will get more than you give! You can't help but have fun. The friendships made with other volunteers and the athletes can last forever.



SUPPORT

Special Olympics is a non-profit organization funded through donations from corporations, foundations, civic groups, and individuals. To find out how you can join the team as a volunteer, donor, or sponsor call 918-481-1234.

